WEEKLY FOOD DIARY – FEEL'N FINE'S 2010 VACATION CHALLENGE!!!

Time of Day	**MONDAY**	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**	**SATURDAY**	**SUNDAY**	**POINTS**
BREAK-FAST								
SNACK								
LUNCH								
SNACK								
DINNER								
WATER 8+ 16+								
FRUITS								
VEGGIES								
GRAINS								
MEAT								
DAIRY								
TOTAL								